

Our Savior's Lutheran Church
138 3rd Street Northwest
Valley City, ND 58072

ADDRESS SERVICE REQUESTED

NON-PROFIT ORG.
U.S. POSTAGE
PAID
Valley City, ND
Permit #39

January 2019

Our Savior's Lutheran Church
138 3rd Street Northwest, Valley City, ND 58072
(701) 845-1328
Email oslcvalleycity@msn.com
Website: www.oursaviorsvc.org

Our Savior's Lutheran Church (ELCA)

Pastors	Emmy Swedlund & Kyle Symanski
Youth Ministry	Kyla Fetsch
Office Coordinator	Brenda Skramstad
Custodian	Sandi Ley
Contemporary Worship Coordinators	Al & Sherri Adams
Council President	Diane Hochhalter
Treasurer	Janet Brown
Ministers	All members of Our Savior's

Our Savior's Lutheran Church

JANUARY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Office Closed News Year's Day	2 9:30am Bible Study No Kids for Christ No Supper No Confirmation	3	4	5 7:30am Men's Bible Fellowship
6 Epiphany of Our Lord Food Pantry Sunday 8:30am Worship 9:45 Teacher Recognition 9:45am Choir 11:00am Worship	7 9:30am Prayer 12:10pm Sr. High Lunch	8 9:00am Text Study 9:00-1:00pm Good Samaritans	9 9:30am Bible Study 3:15pm Kids for Christ 6:00pm Supper 6:30pm Confirmation 7:00pm Committees 8:00pm Council	10	11	12 7:30am Men's Bible Fellowship
13 Baptism of Our Lord 8:30am Worship 9:30am Coffee & Fellowship 9:45am Sunday School, Choir 11:00am Contemporary Worship-Prek-1st grade Sunday School Sing	14 9:30am Prayer 12:10pm Sr. High Lunch	15 9:00am Text Study 9:00-1:00pm Good Samaritans	16 9:30am Bible Study 3:15pm Kids for Christ 6:00pm Supper 6:30pm Confirmation 7:00pm Sarah Circle	17 2:00pm Hannah Circle	18	19 7:30am Men's Bible Fellowship
20 2 Epiphany 8:30am Worship 9:30am Coffee & Fellowship 9:45am Sunday School 11:00am Contemporary Worship 9:45am Foundation Annual Meeting	21 9:30am Prayer 12:10pm Sr. High Lunch	22 9:00am Text Study 9:00-1:00pm Good Samaritans	23 9:30am Bible Study 3:15pm Kids for Christ 6:00pm Supper 6:30pm Confirmation	24 9:30am Pastor's Conference	25	26 7:30am Men's Bible Fellowship
		Week of Prayer for Christian Unity				
27 3 Epiphany 8:30am Worship 9:30am Coffee & Fellowship 9:40am Annual meeting 9:45am Sunday School, Choir 11:00am Worship	28 9:30am Prayer 12:10pm Sr. High Lunch	29 9:00am Text Study 9:00-1:00pm Good Samaritans 2:00pm Bible Book Club-Ruth	30 9:30am Bible Study 3:15pm Kids for Christ 6:00pm Supper 6:30pm Confirmation	31		

**February
Our Savior's Servants**

Dale Hildebrant 845-1281

David & Patty Bass
Leon & Tweety Bellmore
Terry Brock
Mavis Dilt
Pat & Kathy Edinger
James & Patti Hildebrant
David & Diane Hochhalter
Harvey & Carol Hochhalter
Jeff Huseby
Bobby & Deborah Koeplin
Ruth Nathan
Gerald & Phyllis Nelson
Ray & Kandice Nelson
Jeanette Oberg
Jerry Perkins
Joe & Kandice Plagens
Dean & Deb Ross
Larry & Mary Salberg
Andrew & Melinda Schwab
Mavis Stearns
Jenelle Trautmann
Clayton & Beverly Velure

Thank You to Our December Our Savior's Servants and their Coordinators:

John & Bobbi Jo Hurlimann,
Jim & Becky Verwey.

Flower Committee Members:

JoAnn Nathan & Eileen Winning

Thank you to our faithful ushers who assist us every Sunday.



Caregivers: Take care of YOU, too!

Caregiving involve many challenges. You often need to master new skills. You may need to develop new ways of relating to a family member if his or her ability to communicate or remember is compromised by illness. You may have to make tough decisions. But the greatest challenge is taking care of yourself.

Managing self-care means that as caregivers we:

- Take responsibility. We realize we are responsible for our personal well-being and for getting our needs met.
- Have realistic expectations. We fully understand our family member's medical condition and we are realistic about what our family member can and cannot do.
- Focus on what we can do. It's important to be clear about what you can and cannot change.
- Communicate effectively with others. These include family members, friends, health care professionals, and the care receiver. Don't expect others to know what you need.
- Learn from our emotions. Realize there will be emotional ups and downs. Listen to your emotions and what they are telling you. Don't bottle up your emotions.
- Get help when needed. An important part of self-care is knowing when you need help and how to find it.
- Set goals and work toward them. Be realistic in the goals that you set and take steps toward reaching those goals.

In summary, self-care means that you seek ways to take better care of yourself. As a caregiver, you don't just survive. You thrive.

FaithCommunitiesAlive!

From the Our Savior's Stewardship Committee



Food Pantry Sunday-January 6

There are many items that the Food Pantry is in need of each month. Some examples are: Diapers, soap, shampoo, paper products and snack foods and canned food. These items along with your generous donations each month are greatly appreciated.



Wide, Wide Welcome

Epiphany Sermon Series

After Christmas, the church celebrates the season of Epiphany. This January and February, in worship we will explore how Jesus reveals God's wide, wide welcome in this world. In worship, you will be reminded about the nothing-can-separate-you-from-God love given in Jesus. You will be challenged to reach out in love to neighbors near and far.



New Members to Our Savior's Lutheran Church we be welcomed in worship on Sunday, February 3. If you are interested in becoming member of Our Savior's and have not talked with one of the pastors, please let us know.

Members of the congregation are part of a serving group, which provides hospitality on Sunday mornings and at funerals. Members can also receive offering envelopes or sign up for automatic giving. Members are also able to vote on congregation matters and serve on committees.



Transitions in the Congregation

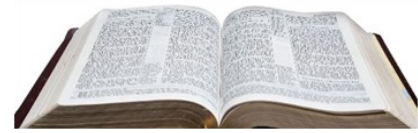
From the December Council Meeting

Deaths: Kenneth Henningsgard, Ron Olson, Joyce Green

Baptism: Oliver Sather

New Member: Pastor Kyle Symanski

Bible Book Club



Book of Ruth

Tuesday, January 29 at 2:00 pm

Gathering Room

Read the Old Testament book of Ruth (it's just 4 chapters long!). To assist with your reading, you can pick up an outline of Ruth from the information counter. Then, come join in conversation about what surprised you, encouraged you, and challenged you.

An introduction to the book of Ruth:

The book of Ruth tells the story of three people: Naomi, a widow from Bethlehem in Judah; Ruth, her daughter-in-law from Moab; and Boaz, a gentleman farmer from Bethlehem. Ruth, in a supreme act of devotion, follows Naomi home from Moab and there meets Boaz, Naomi's close relative. Boaz understands that Ruth, though a foreigner, is a woman of worth. Through a scheme of Naomi to send Ruth to meet Boaz in secret, and through the cleverness of Boaz, who claims Ruth before the city elders, Boaz and Ruth marry and have a child, thus insuring the continuation of the Davidic line that eventually leads to the birth of Jesus.

From enterthebible.org



Ongoing Bible Study Opportunities

Men's Bible Fellowship meets Saturdays at 7:30 am in the Gathering. Read the Bible and share in thoughtful conversation.

Wednesday Bible Study meets at 9:30 am in the Gathering Room.

No previous Bible Study experience necessary to attend either of these studies. Come, learn, and grow in your faith.



Our Savior's Lutheran Church Foundation Annual Meeting is Sunday, January 20 at 9:45 am in the Small Dining Room. Learn about the 2018 Foundation Giving and how gifts to the Foundation can make a lasting impact.

Our Savior's Lutheran Church Annual Meeting is Sunday, January 27 at 9:45 am in the sanctuary. Hear updates on the church finances and have a chance to provide input on future opportunities. Annual reports highlighting ministries of the congregation will be available at least one week before the meeting. If you've flown south for the winter and wish get a copy of the report emailed to you, make a request through emailing oslcvallcity@msn.com .



Like us on Facebook
"Our Savior's Lutheran Church, Valley City, ND"



Ushers Needed: Looking for Ushers for the 2nd and 3rd Sunday of the month at 11:00am Worship. Contact a Pastor if you are interested.



Contemporary Service helping hearts and hands requested.

Could you occasionally help prepare for our contemporary services? Help is graciously appreciated with one or more of the following:

- 1) setting up the laptop that projects the service
- 2) Managing the laptop power point projections during the service
- 3) setting up musical equipment for the song leaders
- 4) Becoming a song leader.
- 5) Replacing equipment after the service. Simple training provided. For more information, contact Pastor Emmy or Al (209-658-0439). Also, a sign-up sheet to contact you for further information is on the information counter.

Backpack Food Program Volunteers

It's Our Savior's Lutheran Church's turn in January to deliver for the backpack food program. Boxes of food are picked up at Epworth United Methodist and delivered to offices at Valley City schools on Thursdays. Sign up on the information counter. If you have not delivered before, training can be provided.

Radio Broadcast

Radio broadcast of the 8:30 worship is on Sunday morning at 11:00 a.m. on KOVC 1490 AM. To sponsor a broadcast and/or reserve a sponsorship date for 2019, please contact the church office. The cost to sponsor a broadcast is \$100 and you may provide this gift in memory of or in honor of someone, an anniversary or another significant event. Your gift to this important ministry is appreciated.



Each month in 2019, our newsletter will highlight one of the ministries or committees that make up Our Savior's Lutheran Church.

This month's spotlight is the Missionary Calendar!

You can show your support for our brothers and sisters in Christ throughout the world by Sponsoring a Missionary for a Day, through our Missionary Calendar. Choose a date on the calendar across from the pastors' offices. Bring the donation of \$25 per day to the church office or add the donation to your Sunday offering with a designation for "Missionary Calendar." Sponsoring a Missionary for a Day is a fun way to honor a birthday or anniversary.

The Funds raised through the missionary calendar support two missions.

Part of our goal is to raise \$6,000 to support our ELCA Missionaries, Willie and Anne Langdji who serve as ELCA West Africa Regional Representatives. Anne focuses on support to health ministries and Willie on development and capacity building. Together with the team for West Africa they steward relationships with the churches in Nigeria, Liberia, Sierra Leone, Senegal, Central African Republic and Cameroon. Willie also serves as liaison for Lutheran World Federation projects in West Africa. The Langdjis live in Yaounde, Cameroon.

The other part of our goal is to raise \$4,000 to support Global Health Ministries, which is a Minneapolis based organization that supports health ministries and hospitals around the world, through shipping of medical supplies and supporting infrastructure and training for medical ministries.

Thank you to all who donated to the 2018 missionary calendar project. Let's go for a "black out Bingo" and fill in all the dates for 2019!

See photos below of a child receiving care at the Emmanuel Health Center in the Central African Republic and our missionaries, Willie and Anne.



Pre K - 6th Grade News!

- **SUNDAY SCHOOL** A beautiful Christmas program was performed in December. Thank you to all who were involved to make it such a wonderful success. Sunday School will resume January 6th.
- **KIDS FOR CHRIST** 20 youth in Kindergarten through 6th grade gather together each Wednesday from 3:15-5:00pm for fun and fellowship. We have a wonderful time learning about God's great love for us, how we can love others, and work on ways we can make a difference at all ages! Please note that there will be no Kids for Christ on January 2nd and we will resume January 9th.
- **VACATION BIBLE SCHOOL** Save the date!! Vacation Bible School is set for June 5, 6, and 7th! Youth entering kindergarten in August 2019 and 2020 are invited to join the "Pre-K Day Camp" and youth entering grades 1-6 in August 2019 are invited to join the regular VBS session. More info this spring!

Red Willow Bible Camp Info!

- Red Willow Bible Camp **registration is open** which is much earlier than in the past so don't wait to sign up! Do not let cost affect your decision, scholarships are available! OSLC has a slightly different way to register so please be sure to contact Kyla 840-4540 prior to registering online. Here are the available camps!

Entering Grades K-3 in Aug 2019

Seekers Days—May 31 or July 24
Taste of Camp—June 5-7 or June 23-25
Pathfinders—June 5-7, June 23-25, or July 7-9

Entering Grades 4-6 in Aug 2019

Seekers Days—May 31 or July 24
Creation Camp—June 23-28, July 7-12 or July 28-Aug 2
Holy Hoops—July 21-26

Entering Grades 7-9 in Aug 2019

Disciples—July 14-19 or July 28-Aug 2
Holy Hoops—July 21-26
Wilderness (Grades 8-9) - Aug 4-9

Entering Grades 10-12 in Aug 2019

CiT Training—June 2-7
Amp Camp—July 14-19
Wilderness—Aug 4-9

Opportunity for All!

- **"SOUP"ER BOWL SUNDAY** will be held Sunday, January 27th after the 11am worship service. Enjoy a soup and sandwich lunch for a free will donation that will help send our youth on their summer mission trip! Enjoy your lunch here, or, take it to go!

Jr & Sr High Update!

- **CONFIRMATION** Weekly confirmation time consists of a supper together at 6pm and then class from 6:30-8:00pm. Please note that there will be no confirmation classes on January 2nd.
- **SENIOR HIGH LUNCH** Youth in grades 9-12 are welcome every Monday that there is school at 12:15pm for lunch in the basement at OSLC! Currently 35-45 youth join us each week for lunch, prayer, a bible verse and devotion, and great conversation.
- **DINNER AND DEVOTIONS** Youth in grades 11 and 12 are invited to join Kyla for a special lunch and devotion on Thursday, January 24th from 12:10-12:40pm. Friends are welcome. Please RSVP to Kyla.
- **SUMMER YOUTH TRIP** The 2019 Summer Youth Trip is set for June 11-13! We will be taking a three day, two night trip to Minneapolis where we will volunteer at a variety of places and share the love of God with others. We will also enjoy time at Valleyfair, and then have a choice between attending a Twins game or experiencing the Mall of America. It's going to be an amazing three days and your youth will not want to miss out! All youth currently in grades 7-12 are invited to join us and must sign up on the bulletin board in the Gathering Room to secure your spot. The first 40 youth to sign up will go! **DEADLINE TO SIGN UP IS JANUARY 31ST!** We are also looking for two adult chaperones to go along, so if you are interested in being one of them let Kyla know. You can also contact Kyla with any questions or concerns.

My office hours are Mondays and Tuesdays from 9-11am. However, please feel free to contact me anytime at kylaoslc@outlook.com or 840-4540.

God's Blessings, Kyla Fetsch, Director of Youth Ministry

**YOUTH DIRECTOR AND
YOUTH ACTIVITY CALENDAR**

January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 No Youth Director Office Hours	2 No Kids for Christ No Confirmation	3	4	5
6 Sunday School 9:45-10:45am	7 Youth Director Office Hours 9:00-11:00am Senior High Lunch 12:10-12:40	8 Youth Director Office Hours 9:00-11:00am	9 Kids for Christ 3:15-5:00pm Confirmation Supper 6:00-6:30pm Class 6:30-8:00pm	10	11	12
13 Sunday School 9:45-10:45am PreK—1st Grade sing at 11am worship service Baptism of Our Lord Sunday—11am worship service—Bibles will be presented to those who were baptized in 2018	14 Youth Director Office Hours 9:00-11:00am Senior High Lunch 12:10-12:40	15 Youth Director Office Hours 9:00-11:00am	16 Kids for Christ 3:15-5:00pm Confirmation Supper 6:00-6:30pm Class 6:30-8:00pm	17	18	19
20 Sunday School 9:45-10:45am	21 No School	22 Youth Director Office Hours 9:00-11:00am	23 Kids for Christ 3:15-5:00pm Confirmation Supper 6:00-6:30pm Class 6:30-8:00pm	24 Dinner and Devotions 12:10-12:40 for Youth in Grades 11-12	25	26
27 Sunday School 9:45-10:45am "Soup"er Bowl Sunday Soup and Sandwich Lunch for Free Will Donation to support the Summer Youth Trip following the 11am worship service.	28 Youth Director Office Hours 9:00-11:00am Senior High Lunch 12:10-12:40	29 Youth Director Office Hours 9:00-11:00am	30 Kids for Christ 3:15-5:00pm Confirmation Supper 6:00-6:30pm Class 6:30-8:00pm	31		

What's going on at Our Savior's Lutheran Church?

Ministry & Building Review Updates and More

In October, Our Savior's Lutheran Church participated in a Ministry Review and a Building Review. We are a healthy, stable congregation. In order to build on our strengths and move faithfully into the future, the church council encouraged the completion of these reviews.

The Ministry Review is offered through our synod. The Review included a group from around the synod working with a group from our congregation. Surveys were completed in worship. Conversations were held with community leaders and congregation members. Below is a summary of affirmations and opportunities. You may request a full copy of the report from either of your pastors.

Affirmations

- Spirit of welcome, hospitality, laughter, joy, enthusiasm
- Strong support of Synod/ELCA ministry and outreach in community
- Positive and energetic staff
- Ministry opportunities and programming for youth
- Strong choir and musical leadership
- Strong lay leadership. Professionals with experience in many areas.

Opportunities

- Provide leadership training and mentoring to engage members more fully into ministry
- Name and celebrate the ministries accomplished through OSLC
- Grow social media presence
- Consider better outside signage
- Expand youth programming with more adult participation
- Provide space for the Community Closet
- Host Community Leader Gatherings

The Building Review is a service provided free of charge by the ELCA Mission Investment Fund. Church Building Consultant, Anne Gerriets, toured our building and provided recommendations, for our consideration.

Signs – Additional outdoor and better indoor signs are need to welcome and direct visitors.

Kitchen – Our kitchen is a good size. Relocating the sink island closer to the location of the current island would make the space much more functional.

Offices – For safety of staff and visitors, add small windows in office doors. Similarly, relocate Youth Director office, perhaps by repurposing the chapel space, to be closer to other offices.

Gathering Room – Make this space more welcoming to visitors. Remove a few tables. Add benches or high top tables to stand by. Current set up lends itself to closed exclusive groups, rather than easily providing a space for someone to wander in.

Sanctuary – Remove a couple of back pews, to create easier movement in the back of the sanctuary. Remove pews and add chairs to the overflow space so that the room can be more multi-purpose. Communion rail accessibility.

Main floor chapel – This is an under-utilized space. Relocate chapel (perhaps to current library) and renovate to a more multi-purpose space for youth, meetings, etc.

More on the back...

The following items having been identified by the Our Savior's Lutheran Church Property Committee as Major Projects for Consideration:

North Balcony Roof: \$20,000 Quote

Roof removal to deck, add insulation and replace with rubber deck.

Boiler Updates: \$22,000 Quote

Digital boiler controls with auto blow down, Digital controls in Sanctuary & Gathering Room

Family Gathering, Office, Hall Roof Replacements:

Roof removal to deck, add insulation and replace with rubber deck.

Updates to Phone System, WIFI/Internet throughout building, and Security Considerations

Carpet/Paint: Patch walls, hallways and stairwells, repaint, replace carpet in all halls, offices, Gathering Room

Chimes: \$15,000

Install a digital system to replace current system which does not function

Kitchen:

Relocate sink in a work island with storage in center of kitchen, commercial double oven and or burner unit, fridge.

Exterior North & West Window/Building Trim:

Replace window & building trim west of Family Gathering entrance through west entrance.

Sanctuary Roof: \$115,000 Quote

Remove shingles, install 2" insulation and 1" ridge steel on sanctuary roof.

What does all of this mean?

Currently, our building is an asset for ministry. Our building can remain an asset for generations to come, if we strategically tend to building maintenance rather than responding only once a problem has occurred. Furthermore, enhancements to our space can make it more hospitable and functional for current and future ministries.

How would we as a congregation like to move forward?

- Perhaps we develop a strategic plan for building needs, and continue to tend to project after project over the course of many years as we have been doing.
- Perhaps we explore a more complete building update, along with a capital campaign, to make this church building a center for mission for the current and future ministries of Our Savior's Lutheran Church.
- Perhaps there are other possibilities

For Rent: Unfurnished ~950 sq. ft. two bedroom, 2nd floor apartment with hot water & heat included, stove, fridge, washer and dryer, private entrance with off street parking. Available immediately. No pets or smoking. References. Call Bobby Koepplin at (701)840-0250.

Christ In Our Home daily devotional booklets (in regular and large print) for January, February and March are now available at the Information Counter. Pick up your copy today and begin the daily practice of bible reading and reflection.



PRAY FOR CHRISTIAN UNITY

The week of prayer for Christian Unity begins January 22nd. Churches in Valley City will take turns hosting a noontime prayer service and soup meal. Watch the bulletin for information about locations and times.

Stories of Faith in Action –

(found in the information area.)

Stories of Faith in Action shares how important your weekly offering in your congregation is in sustaining and growing God's mission. The portion of your offerings that support the ELCA's synodical and churchwide ministries is called Mission Support. The publication helps explain and answer questions about Mission Support and tell the story of those gifts in action.

For Your Information

Church Office Hours

Monday-Friday 8:00 am-3:00 pm

Church Building Hours

Monday-Thursday 8:00 am- 5:00 pm

Friday 8:00 am -3:00 pm

Saturday-Sunday 8:00 am- 12:00 pm

Phone Numbers

Church Office 845-1328

Pastor Emmy Swedlund Cell-(701)552-2419

Pastor Kyle Symanski Cell-(708)467-8712

If we do not answer, please leave a message so that we can get back to you.

*Friendly
Reminders*



Deep Peace: A Sabbath Winter Retreat
From Friday, Feb 8th at 4pm to Saturday, Feb 9th at 4pm
MICAHA Retreat Center
18763 Red Lake County Hwy 17
Crookston, MN 56716

Led by Sister Michelle Walka, Director of Beloved Art and Practice Come to MICAHA Retreat Center for an overnight or just a day to explore this invitation into Sabbath. You will be engaging in simple prayer practices, creative expression, and have time to simply 'be'. Cost: \$75 - Full Retreat
*includes lodging & food \$50 - Day Retreat
*includes lunch To Register: contact Sr. Michelle Walka (SrMichelleWalka@gmail.com) or the EaND Synod office (701.232.8831)



**ARISE,
SHINE;
FOR YOUR LIGHT
HAS COME,
AND THE GLORY
OF THE LORD
HAS RISEN
UPON YOU.**

ISAIAH 60:1, NRSV

“Let us build a house where love can dwell and all can safely live,
a place where saints and children tell how hearts learn to forgive.
Built of hopes and dreams and visions, rock of faith and vault of grace;
Here the love of Christ shall end divisions:
All are welcome, all are welcome, in this place.”

ELW #641



Shepherds and wise men and women. Angels and ordinary people. Young and Old. As we gathered for the Sunday School Christmas program the words from that hymn “All Are Welcome” came to life. All were welcome as we celebrated the birth of Jesus Christ.

This Fall, Our Savior’s Lutheran Church participated in a Ministry Review. One of the strengths that was identified is that we are a congregation that is welcoming, friendly, and joyful. In 2019, Pastor Kyle and I invite the congregation to build upon that strength. Our mission statement says, that “we welcome all to share Christ’s love.” You live out this mission by offering a smile, saying “hello,” encouraging parents of small children in worship, and providing refreshments for hospitality.

There are opportunities for us to grow in our welcome. Welcoming is about embracing the gifts and interests of new and long-time members. Welcoming is about helping people feel connected to their church home. Welcoming is about making it easy to participate in ministry opportunities. Welcoming is about loving each other with the love of Jesus.

As you and generations before you have been welcomed to Our Savior’s Lutheran Church so it is now our time to provide a welcome. “Welcome one another, therefore, just as Christ has welcomed you, for the glory of God.” -Romans 15:7

Pastor Emmy Swedlund

FOR YOUR INFORMATION: At the December Church Council Meeting, your church council had the privilege of distributing income from the Our Savior’s Farm. Gifts totaling \$57,000 were to distributed to Eastern North Dakota Synod, Red Willow Bible Camp, Salvation Army, Barnes County Food Pantry, Lutheran Social Services, Great Plains Food Pantry, Dacotah Oyate Lutheran Church, Access for All (Valley City Public School Foundation), Lutheran Campus Ministry at NDSU and UND.